

Detailed Fees Canada – Sourcewell/MindBeacon

Our pricing, as presented below, varies depending on the program and program options used. All fees quoted in Canadian dollars.

Therapist Guided iCBT for Adults 16+ (Non-diagnostic)

Service – Therapist Guided iCBT		Rate (CAD\$)	Comments
1	Assessment (non-diagnostic) and Triage	\$250	Full Diagnostic service with Psychologist also available for \$650 as standalone
2	Enrollment to Therapist Guided iCBT and 2 modules	\$150	
3	Subsequent modules (3+)	\$100	
Total		\$500*	

*First year. + COLA each successive year. Discounts negotiable for larger populations.

Live Therapy*

Service – Live Therapy	Rate (CAD\$)	Comments
Psychologist	\$245/hour	
Registered Social Worker	\$130/hour	

* Variable fee schedule by Province:

	BC	AB	SA	MA	ON	QU	NB	NS	PEI	NL	YT	NU	NWT
Social Worker / Psychotherapist	140	140	130	130	130	145	130	140	140	130	140	140	140
Psychologist	245	240	220	240	245	195	245	240	245	245	245	245	245

*First year + COLA each successive year. Discounts negotiable for larger populations. (Prices in CAD\$)

Illustrative Subscription Model Pricing - based on 5,000 users

Service	Subscription	Rate (CAD\$)	Comments
Self-Care Mental Wellness Portal	Per Person, Per Month	\$2.00 first year*	5,000 subscribed Based on 4% utilization (3% Guided and 1% Live)
Peer to Peer Community			
Therapist Guided iCBT Services			
Live Therapy (3 sessions)			
24/7 Crisis Support			

*First year. + COLA each successive year. Discounts negotiable for larger populations.

Under this model, a target population is fully funded under a per person per month (pp/pm) rate. Rates are determined by group size and estimated uptake rates. As an example, this could cover the entire population of a town 16+ (approximately 30,000 people) at CAD\$2 pp/pm for an annual fixed cost of CAD\$720,000. Alternatively, smaller populations could be targeted by sector (e.g., health care workers) or geography, with rates dependent on group size, program mix and uptake.

Detailed Fees US – Sourcewell/MindBeacon

Our pricing, as presented below, varies depending on the program and program options used. All fees quoted in US dollars.

Therapist Guided iCBT for Adults 16+ (Non-diagnostic)

Service – Therapist Guided iCBT		Rate (US\$)	Comments
1	Assessment (non-diagnostic) and Triage	\$225	
2	Enrollment to Therapist Guided iCBT and 2 modules	\$150	
3	Subsequent modules (3+)	\$75	
Total		\$450*	

*First year. + COLA each successive year. Discounts negotiable for larger populations.

Live Therapy*

Service – Live Therapy	Rate (US\$)	Comments
Licensed Social Worker (LCSW) or Licensed Professional Counsellor (LPC)	\$140/hour*	

* Regions covered in 2021:

Midwest: MA, IO, WI, IL (Minnesota, Iowa, Wisconsin, Illinois)

Southwest: NV, UT, AZ, CO (Nevada, Utah, Arizona, Colorado)

*First year. + COLA each successive year. Discounts negotiable for larger populations.

Illustrative Subscription Model Pricing - based on 5,000 users

Service	Subscription	Rate (US\$)	Comments
Self-Care Mental Wellness Portal	Per Person, Per Month	\$1.60 first year*	5,000 subscribed Based on 4% utilization (3% Guided and 1% Live)
Peer to Peer Community			
Therapist Guided iCBT Services			
Live Therapy (3 sessions)			
24/7 Crisis Support			

*First year. + COLA each successive year. Discounts negotiable for larger populations.

Under this model, a target population is fully funded under a per person per month (pp/pm) rate. Rates are determined by group size and estimated uptake rates. As an example, this could cover the entire population of a town 16+ (approximately 30,000 people) at US\$1.60 pp/pm for an annual fixed cost of US\$575,000. Alternatively, smaller populations could be targeted by sector (e.g., health care workers) or geography, with rates dependent on group size, program mix and uptake.