

Anywhere.

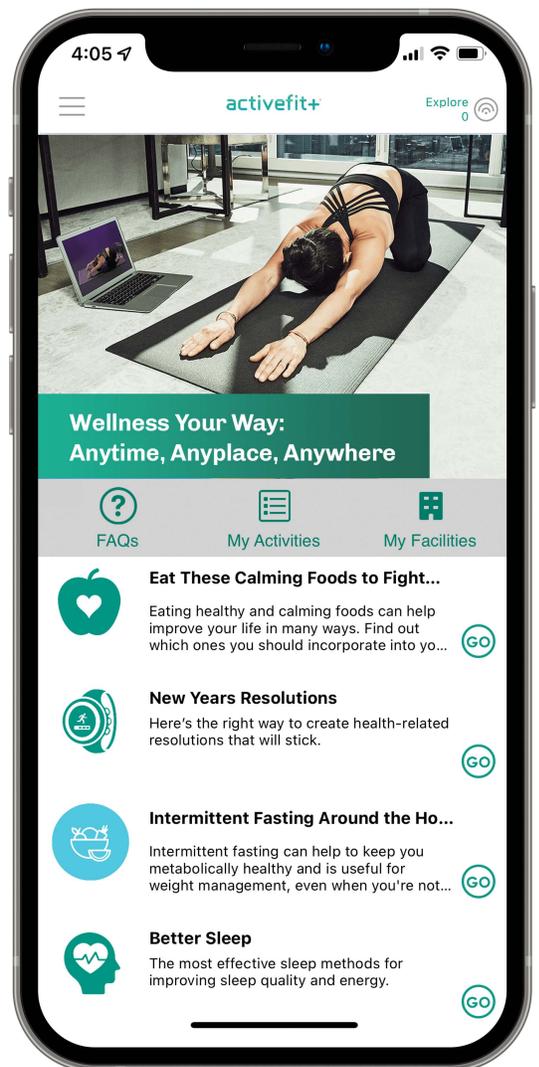
Helping your Employees get and stay Healthy.

Advanta Health Solutions is more committed than ever to helping you stretch the value of your wellness dollars. We can help your employees feel healthier, better cared for and more engaged—with each other and with you. Advanta’s reward program helps your workforce build healthy habits, to help improve their physical and mental wellbeing.

78% of benefits professionals say employee well-being has become a higher priority since the beginning of the COVID-19 pandemic.

*Source: 2021 Emerging From the Pandemic Survey, Willis Towers Watson, February 2021

- Advanced, validated step tracking, with or without a wearable, to encourage daily engagement.
- Mental fitness exercises for effective stress coping strategies.
- Unlimited tracking of visits to any of the nation’s 30K fitness facilities.
- Live and On-Demand Virtual Fitness Classes



For more information, demo and custom pricing:

Courtenay Higgins, President
201.351.7804
chiggins@advantahealth.com

Anywhere.

Offering Solutions for Today's Benefit Consultant

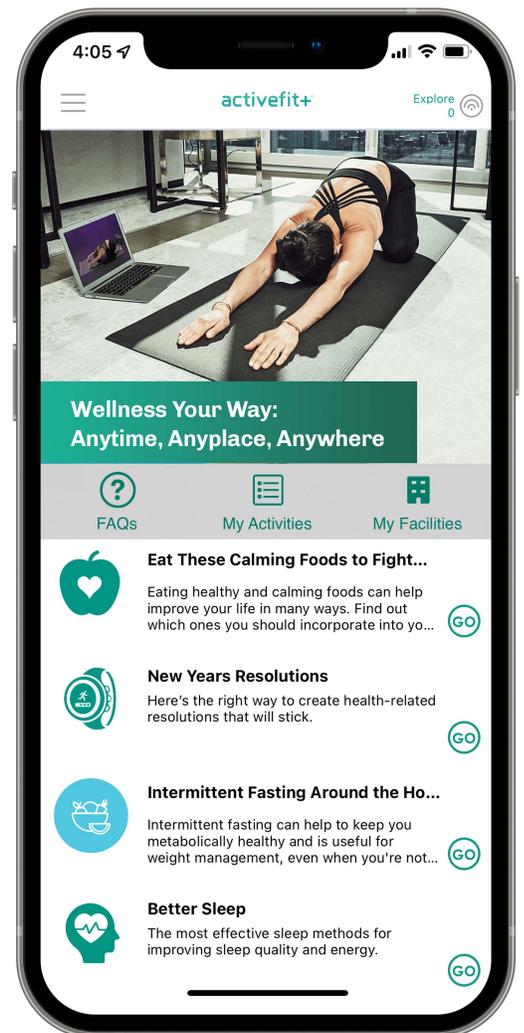
Advanta Health remains steadfastly committed to providing flexible, virtual, and affordable wellness programs to employer groups of all sizes. Our mission is simple: Get and keep people moving. Our goal: Programming that can be done anywhere, at any time, by anyone—no matter where they are in their wellness journey.

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In a Harvard study done on the ROI of employee wellness programs, researchers found that on average, for every dollar spent on employee wellness, medical costs fall **\$3.27** and absenteeism drops **\$2.73**. That's a **6-to-1** return on investment.*

*<https://pubmed.ncbi.nlm.nih.gov/20075081/>

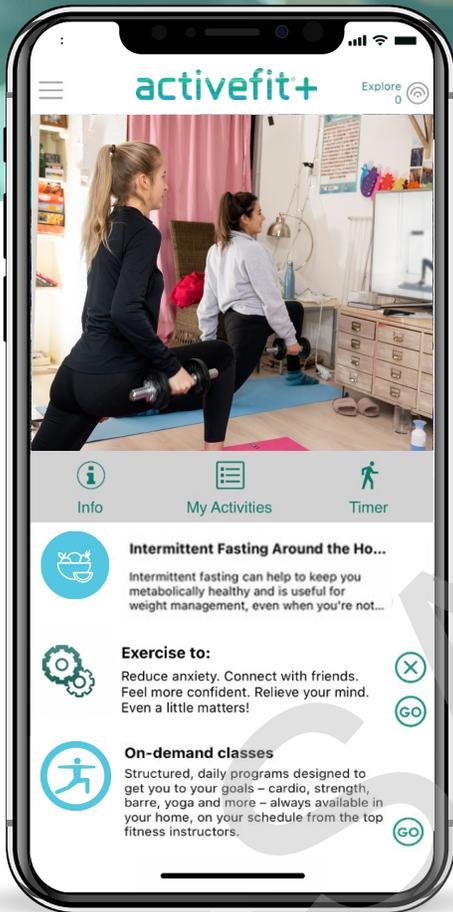


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Wellness.

ActiveFit®+ helps you make your health and wellness a priority.



Welcome to ActiveFit+!

Now more than ever, physical activity can make a big difference in your mental and physical health. **University Name** wants to help you get and stay active. Starting **MM/DD/YYYY**, we are offering the ActiveFit+ wellness solution to encourage you to exercise 12 days or more per month. ActiveFit+ allows you to reach your wellness goals by:

- + Visiting an approved fitness facility
- + Walking 10,000 steps a day
- + Submitting an ActiveFit@home™ Workout
- + Complete a virtual fitness workout!

*Only one activity per day will count towards your monthly goal.

Access the **ActiveFit@Blog** for more information about mindfulness, recipes, work-out tips, and more. When ActiveFit+ is running, it imports your step count from a compatible wearable device or mobile app. ActiveFit+ can detect when you've entered a participating gym and log the visit toward your monthly wellness goal.

How to participate:

To enroll in ActiveFit+, simply visit **CUSTOM.activefitplus.com/enroll** starting on **MM/DD/YYYY** or call the Advanta Health Solutions member services team at

1-201-351-7850, ext. 1 to get started.

Please note that only University students are eligible for ActiveFit+

We can't wait for you to start enjoying the wellness benefits of the ActiveFit+ program!

To enroll visit:

CUSTOM.activefitplus.com/enroll starting on **MM/DD/YYYY**

Wellness.

Create a stronger, more productive workforce.

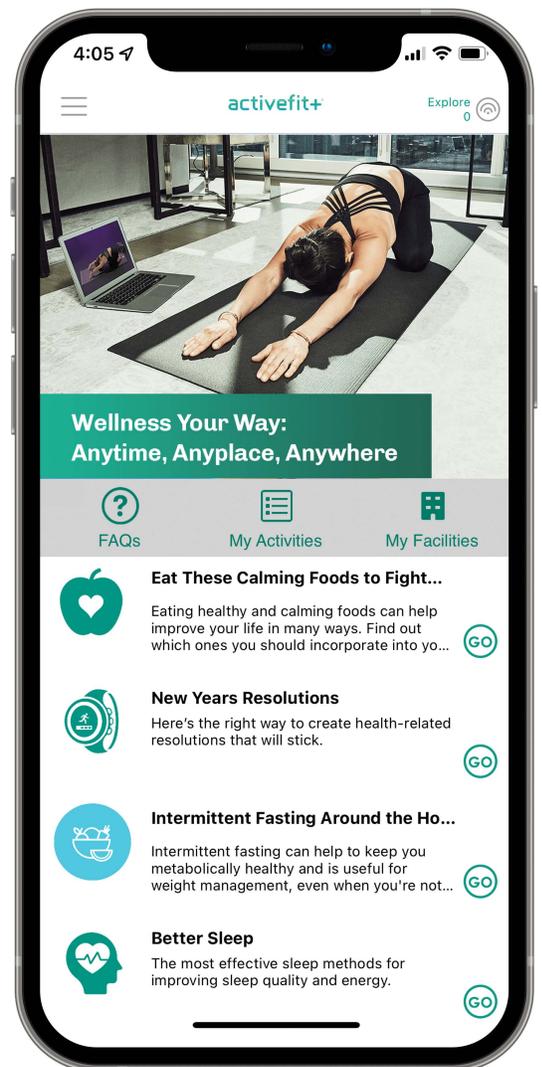
Advanta Health is more committed than ever to providing flexible, virtual, and affordable wellness programs. We have never worked harder to stretch the value of your wellness dollars, so your employees can feel healthier, better cared for, and more connected—both to each other and to you. Our mission is simple: Get and keep people moving. **Our goal: Programming that can be done anywhere, at any time, by anyone—no matter where they are in their wellness journey.**

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- Advanced, validated step tracking, **with or without a wearable**, to encourage daily engagement.
- Premier access to virtual streaming partners who offer hundreds of on-demand, instructor-led **virtual fitness programming** (including yoga, HIIT, boxing, and more).
- Mental fitness exercises to **help with stress and anxiety**.
- Unlimited tracking of visits to any of the nation's **30K fitness facilities**.
- Live and On-Demand Virtual Fitness Classes

*Offerings are scalable for office size and geographic dispersion, and they are fully supported by a live member services team. Incentives are customized and flexible based on your budget and needs.



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